

BUSINESS BUILDERS FAST START GUIDE

Congratulations, you made a great decision to get enrolled and improve your health with Young Living Essential Oils! If you'd like to also take advantage of the fabulous business opportunity Young Living offers, we want to help you get started.

The following 5 steps will help you launch your Young Living business quickly and effectively.

STEP 1	Enroll today with the Premium Starter Kit and 1-3 other oils or products that most fit your health needs.
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With your enrollment, you'll receive:

- The Essential Oils Pocket Reference. A \$25 value, and an incredible resource to guide you on using Young Living Essential Oils in all aspects of your health.
- Access to the Healthy Living With Essential Oils Facebook group. This is a secret group reserved only for those on the HLWEO team. This is an active community of over 4000 Young Living Essential Oil users.
- Access to the Healthy Living With Essential Oils Business & Leadership Development Facebook group. This group is limited to those members on the HLWEO team who are building a business with Young Living.

STEP 2	Bring 2 friends to an Essential Oils 101 class within the next 10 days.
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Attending another Essential Oils 101 class will be a great refresher for you. It will also help you build more confidence in the essential oils and provide an opportunity for you to introduce those you know to essential oils.

The next available classes are:

Class Date	Location	Leader(s)	Registration

STEP 3 | Begin using your essential oils as soon as they arrive.

The more you use your essential oils, the faster you're going to have personal stories about how well they work.

Here are some suggestions for getting going with your essential oils as soon as they arrive:

- Upon waking, put a drop of Peppermint essential oil in your hand, rub your hands together, and take 3 deep breaths. You should feel an almost-immediate shift in your alertness and energy.
- Add 2 drops of Citrus Fresh or Lemon essential oil to a 1 liter glass or stainless steel water bottle and fill it up with cold water. Drink up!
- Diffuse 6-8 drops Thieves in your home, at least once a day, to help keep the air clean and germs at bay.
- Add a couple drops of Purification to wool dryer balls to freshen laundry and eliminate the toxins found in dryer sheets.
- Put a drop of Joy over your heart for 30 days. Warning: You may notice a "joyful" shift in your mood.
- Diffuse Lavender in the evening to calm down and support sleep.
- Put the roll-on fitment on your bottle of Stress Away and roll it on your neck and wrists whenever feeling agitated, and well, stressed.

You'll find a number of other uses in your Essential Oil Pocket Reference, but these ideas are a great way to get going quickly. As you use them, pay attention to how they affect you and use the stories to share with others.

STEP 4 | Enroll in Essentials 4 Success.

This 4-week training program focuses on the 4 keys to successfully building your Young Living business. Designed with simple and actionable steps, to help you experience success quickly as you build your YL business.

You'll be joining dozens of other new business builders on their first big steps toward success.

Enroll in Essentials 4 Success here: <http://bit.ly/signupforE4S>

STEP 5 | Teach your first class.

Essential Oils 101 classes are the foundation for building and growing a successful Young Living business. If you are ready to jump in with both feet, we've created a Leader's Guide and Essential Oils 101 Script making it easy for you to get started.

Leader's Guide & Essential Oils 101 Script: <http://bit.ly/eo101script>