



FITNESS™

*Fitness affirmation:
I am fit, healthy, disciplined, and strong.*

Your physical health affects everything you do and every area of your life. Fitness is about feeling good, looking good, being healthy, and being productive. It's how you move your body and what you put into your body.

The INFUSED Fitness Inspired by Oola essential oil blend has been specially formulated to uplift, energize, and give you the inspiration to set and achieve your strength and fitness goals.

This blend's carefully selected essential oils include:

Cypress

This oil's refreshing aroma restores feelings of security.

Copaiba

A powerful South American essential oil, Copaiba has been used traditionally for thousands of years in many applications.

Cistus

Calming and uplifting, Cistus is helpful for meditation and focus.

Marjoram

A calming oil, Marjoram has a warming effect on both mind and body and is great to use post-workout.

Basil

Basil freshens the mind and restores alertness. It can also be used after workouts.

Idaho Blue Spruce

A Young Living-exclusive oil, Idaho Blue Spruce features a pleasing evergreen aroma.

Clary Sage

Clary Sage has many traditional uses, including aiding relaxation and imparting a feeling of tranquility.

Peppermint

A powerful oil, Peppermint has an invigorating, energizing aroma.

Black Pepper

Comforting and energizing, Black Pepper is also useful following exercise.

Nutmeg

Nutmeg has a soothing and energizing aroma.

Balsam Fir

The warm, soothing aroma of Balsam Fir is rejuvenating when diffused.



FINANCE™

*Finance affirmation:
I am financially free and living abundantly.*

Manage and balance your finances, and be free of debt. Be a good steward of the money entrusted to you. Debt is not compatible with the OolaLife and is a major stressor in many people's lives. Live free of this burden and start taking steps to improving your finances.

The INFUSED Finance Inspired by Oola essential oil blend has been specially formulated to encourage positive emotions and increased feelings of abundance. This uplifting and inspiring blend also brings clarity and alertness.

This blend's carefully selected essential oils include:

Frankincense

Frankincense is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

Orange

Orange oil has a rich scent that lifts the spirit and brings peace and happiness to the mind.

Ocotea

Carefully extracted from Ecuadorian trees, Ocotea has powerful properties.

Gathering™ Essential Oil Blend

This blend helps overcome the chaotic energy of everyday life and helps put us on the path to higher achievement.

Clarity™ Essential Oil Blend

Clarity has an energizing, uplifting aroma.

Humility™ Essential Oil Blend

A soothing and calming combination of oils, Humility brings peace to the heart and mind and enables you to find a peaceful place.

Balsam Fir

This oil calms and rejuvenates the mind while uplifting the spirit.

Royal Hawaiian Sandalwood

Specially grown on Young Living's Hawaiian farm, Royal Hawaiian Sandalwood is uplifting and relaxing.

Citronella

A popular oil with many applications, Citronella has a distinctive aroma.



FAMILY™

Family affirmation: I am unconditionally loving, patient, and respectful.

Family relationships are powerful and can sometimes be complicated. If you can harness the pure love from healthy family relationships, you will grow and progress toward your OolaLife.

The INFUSED Family Inspired by Oola essential oil blend has been specially formulated to support feelings of unconditional love, patience, and respect. This blend helps uplift, calm the mind, and may help control negative feelings.

This blend's carefully selected essential oils include:

Inner Child™ Essential Oil Blend

This sweet-smelling blend may help you reconnect with your authentic self.

Lavender

Lavender is a great aid for relaxing and winding down before bedtime.

Geranium, Rosewood, Lemon, Jasmine Absolute, Ylang Ylang, Roman Chamomile, Bergamot, Palmarosa

A harmonic blend of oils and absolutes that creates a sense of confidence.

Ylang Ylang

Ylang Ylang is extremely effective in calming the senses and inviting relaxation.

Cardamom

A powerful oil, Cardamom has an invigorating, energizing aroma.

Frankincense

Frankincense is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

Cedarwood

Cedarwood's balsamic, woody aroma has long been used to promote relaxation.

Pine

Pine oil stimulates the mind and creates an energizing feeling.

Xiang Mao

An exotic oil from the island of Taiwan, Xiang Mao is known for its calming effects.



FIELD™

*Field affirmation:
I am pursuing my purpose in life.*

Field is your career, your vocation, or your role in life. Some of us are raising children full time. Others have a day job or even work a few jobs to stay afloat. Many of us aspire to our “dream job” and finding balance in this area with all the other responsibilities of life.

The INFUSED Field Inspired by Oola essential oil blend has been specially formulated to encourage feelings of self-worth and strength that may help you reach your true, unlimited potential.

This blend's carefully selected essential oils include:

Cardamom

A powerful oil, Cardamom has an invigorating, energizing aroma.

Frankincense

Frankincense is ideal oil for those who wish to take their spiritual journey and meditation experiences to a higher level.

Present Time™ Essential Oil Blend

This blend has an empowering fragrance that heightens the sense of being in the moment.

Believe™ Essential Oil Blend

This powerful mix of oils may help you as you move to a higher level of awareness.

Ginger

Ginger's warm, spicy fragrance is energizing and empowering.

Nutmeg

Nutmeg has a soothing and energizing aroma.



FAITH™

*Faith affirmation:
I am grateful, humble, and fully connected.*

Faith is defined as a complete trust or confidence in someone or something. It is your purpose in life. How you see your place in this world is something that you need to explore to attain Oola.

The INFUSED Faith Inspired by Oola essential oil blend has been specially formulated to help you feel grateful, humble, and fully secure in your place in this world. This confidence-boosting blend enhances spiritual influences, promoting deeper meditation and a greater sense of spiritual awareness and connectedness.

This blend's carefully selected essential oils include:

Sacred Frankincense

Sacred Frankincense, beloved by the ancients, is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

Balsam Fir

Balsam Fir calms and rejuvenates the mind while uplifting the spirit.

Myrrh

Another ancient oil, Myrrh is revitalizing to the skin and is a powerful aid to meditation when diffused.

Juniper

Juniper has a clean, mildly penetrating scent that has a calming effect on the mind, body, and spirit.

Hyssop

A Biblical oil also beloved by the ancient Greeks, Hyssop has powerful properties.

Rose

Rose is an exquisite oil that brings harmony and promotes confidence.

Cedarwood

Cedarwood's balsamic, woody aroma has long been used to help promote relaxation.

Sage

This oil helps diminish negative influences.

Hinoki

An exotic oil with deep spiritual connections, Hinoki has an energizing and uplifting aroma, while also imparting a sense of calm when diffused.

Palo Santo

Celebrated by the Incas, Palo Santo can help purify and cleanse the spirit from negative energies.

Geranium, Coriander, Bergamot, Lemon, Jasmine Absolute, Ylang Ylang, Roman Chamomile, Palmarosa

A stimulating and uplifting mix of oils that promotes harmony and self-confidence.



FRIENDS™

Friends affirmation: I am blessed with empowering, healthy relationships.

A social circle, comprised of both friends and acquaintances, is vital to our well-being. It is valuable to expand and improve your friend base as you pursue a life in Oola.

The INFUSED Friends Inspired by Oola essential oil blend has been specially formulated to bring harmonic balance to the energy centers of the body, which encourages feelings of self-worth, empowerment, confidence, and awareness.

This blend's carefully selected essential oils include:

Harmony™ Essential Oil Blend

Harmony's unique mix of oils promotes a positive state of mind and opens us up to new possibilities.

Lavender

Lavender is a great aid for relaxing and winding down before bedtime.

Inner Child™ Essential Oil Blend

This sweet-smelling blend may help you reconnect with your authentic self.

Frankincense

Frankincense is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

Blue Cypress

Known for its relaxing and calming aroma, Blue Cypress has a wide variety of traditional uses.

Palo Santo

A spiritual oil, Palo Santo was used traditionally by the Incas to purify and cleanse the spirit from negative energies.

Xiang Mao

An exotic oil from the island of Taiwan, Xiang Mao is known for its calming effects.



FUN™

*Fun affirmation:
I am pursuing the joys of life.*

Fun is a very unique category to you. It is whatever activity or hobby you are personally passionate about. If you don't have time for fun, then you need more fun in your life!

The INFUSED Fun Inspired by Oola essential oil blend has been specially formulated to help promote uplifting, revitalizing, and euphoric emotions. This blend's fragrant aroma boosts self-confidence to impart a positive outlook that can enhance the pleasure of pursuing the joys of life.

This blend's carefully selected essential oils include:

Tangerine

Tangerine has a sweet, tangy aroma and can help uplift the spirit by bringing about a sense of security.

Myrtle

Myrtle is known for its soothing effects when inhaled. It is also helpful for meditation and uplifting the spirit.

Lemon

Lemon has a strong, purifying citrus scent that is revitalizing and energizing.

Cedarwood

Cedarwood's balsamic, woody aroma has long been used to relax and soothe.

Grapefruit

Grapefruit has an empowering, energizing aroma.

Spearmint

A powerful oil, Spearmint has an invigorating, energizing aroma.

Nutmeg

Nutmeg has a soothing and energizing aroma.

Jasmine Absolute

Jasmine is known for its soothing and confidence-boosting fragrance. It has been used throughout the ages for romance and attraction.