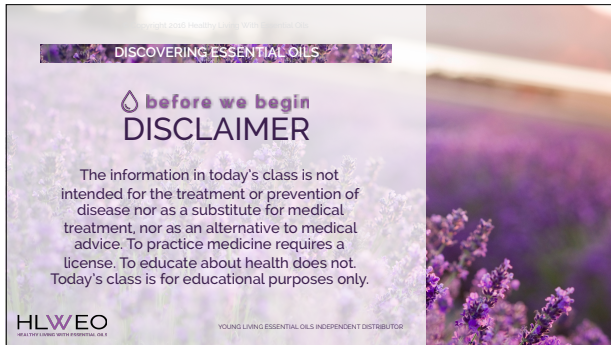




1



2




3

FROM PLANT MATTER TO ESSENTIAL OILS

essential oil basics
EXTRACTION

Four basic extraction methods — steam distillation, cold pressing, resin tapping, and absolute extraction

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THE YOUNG LIVING DIFFERENCE

essential oil basics
SEED TO SEAL

"We believe that you and your family deserve products that are genuine, free of synthetic chemicals, and of unmatched purity. Seed to Seal is both a promise to you and a reflection of our sense of global stewardship."

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EXPERIENCE THE BENEFITS OF ESSENTIAL OILS

essential oil basics
HOW TO USE

Essential oils are easy to use and everyone can experience the benefits

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ESSENTIAL OILS

SWISS ARMY KNIFE OF ESSENTIAL OILS

essential oil single
LAVENDER

Soothes the skin, calms the mind,
and relaxes the body

These statements have not been evaluated by the Food and Drug Administration.
Young Living products are not intended to diagnose, treat, cure, or prevent any disease.

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ESSENTIAL OILS

WHEN YOU NEED A PICK-ME-UP

essential oil single
PEPPERMINT

Supports appetite control,
provides a natural energy boost
and helps mental clarity and focus

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ESSENTIAL OILS

CONTAINS D-LIMONENE


essential oil single
LEMON

Supports the body's natural
detoxification process

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ESSENTIAL OILS

PRIZED OIL IN BIBLICAL TIMES

 **essential oil single**
FRANKINCENSE

Mentioned in one of the oldest known medical books dating back to the 16th century

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ESSENTIAL OILS

MAGNIFICENT MAGNIFIER


 **essential oil single**
COPAIBA

Contains beta-carophyllene which helps maintain the body's normal inflammatory response

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ESSENTIAL OILS

SUPPORTS THE IMMUNE SYSTEM


 **essential oil blend**
THIEVES

Keeps you feeling good when everyone else around you seems to be getting sick

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12

ELIMINATE ODORS FROM THE AIR

essential oil blend
PURIFICATION

Purify, cleanse and disinfect the air, neutralize mildew and disagreeable odors

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FAREWELL FLATULENCE

essential oil blend
DIGIZE

Supports healthy digestion and soothes stomach discomforts

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BREATHE FREELY

essential oil blend
R.C.

Supports clear nasal passages and healthy respiratory function

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ESSENTIAL OILS • 100% PURE • THERAPEUTIC-GRADE

RELAX AND RESTORE

 **essential oil blend**
PANAWAY

Reduces minor aches and pains associated with daily life and supports healthy cartilage and joint function

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16

ESSENTIAL OILS • 100% PURE • THERAPEUTIC-GRADE

PREMIUM STARTER KIT BONUS

 **essential oil blend**
STRESS AWAY

Relieves daily stress, nervous tension, and irritability

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ESSENTIAL OILS • 100% PURE • THERAPEUTIC-GRADE

AN OUNCE A DAY

 **antioxidant drink**
NINGXIA RED

One ounce delivers the antioxidant equivalent of 73 strawberries, 130 tomatoes, 34 onions, 22 carrots, 93 apples, 100 oranges, or 814 blueberries

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TOPICAL CARE: SKINCARE, CHILDREN'S CARE, & MORE

SHARE BECAUSE YOU CARE

get your kit for free
ASK ME HOW

"True joy comes when you inspire, encourage, and guide someone else on a path that benefits him or her."

- Zig Ziglar

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TOPICAL CARE: SKINCARE, CHILDREN'S CARE, & MORE


TOPICAL APPLICATION

recommended ratios
DILUTION

| | | | |
|--------------|------|--------------|-----|
| Lavender | Neat | Thieves | 1:4 |
| Lemon | 1:1 | Purification | 1:1 |
| Peppermint | 1:1 | DiGize | 1:4 |
| Frankincense | Neat | R.C. | 1:1 |
| Copaiba | Neat | PanAway | 1:1 |

We advise essential oils with a carrier oil (see 1:1) to create a safer surface area. To test a "test oil," to show the absorption of an essential oil and when applying essential oils on children.

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